


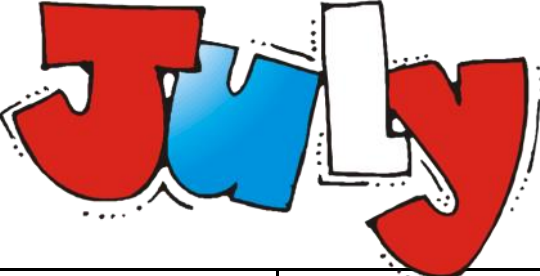







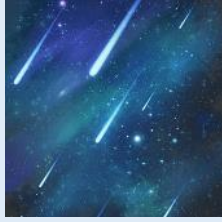








Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Seven Oaks Senior Center Serves (ENOA)</b> <b>Eastern Nebraska Office on Aging Lunch Program</b> <b>Lunch served at 12:00</b>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>10:00</b> Coffee & Conversation <b>2:00-12:15</b> Lunch (served)	<b>Daily</b> <b>9:30</b> Exercise/Community Rm <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Room Codes</b> <b>SC</b> Senior Center <b>MP</b> Multipurpose Rm <b>C</b> Community Rm <b>LEC</b> Life Enrichment Ctr <b>WC</b> Wellness Center <b>L</b> Library
<b>ENOA Nutrition Services</b> Celebrating  <b>50</b> Years	<b>Life Enrichment Calendar</b>  <b>SEVEN OAKS SENIOR CENTER</b>  <b>NOTRE DAME HOUSING</b> <i>Opening doors to housing, health and hope.</i>				<b>1</b> <b>Postal Worker Day</b> <b>10:00</b> Patriotic & Music Trivia - SC <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>	<b>2</b> 
<b>3</b>	<b>4</b> 	<b>5</b> <b>10:00 AM</b> Adult Coloring - SC <b>1:30 PM</b> Current Events - SC 	<b>6</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center	<b>7</b> <b>10:00 AM</b> Coffee & Conversation - SC <b>1:00-2:00</b> Stitches & Stories Crochet & Embroidery Group in the Senior Center	<b>8</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>  <b>1:45 PM</b> Elvis Movie at Westroads - Time may change	<b>9</b> <b>1:00 PM</b> Country Kickers Dance Group - SC 
<b>10</b>	<b>11</b>  <b>2:00</b> Farmers' Marker Voucher Distribution - SC	<b>12</b> <b>10:00 AM</b> Banking Services with American National Bank - SC <b>11:00 AM - 4:00 PM</b> Podiatrist - Sign up <b>1:30 PM</b> Current Events - SC 	<b>13</b> <b>Full Moon</b> <b>9:00 AM</b> Wal-Mart Trip Signup in Senior Center  <b>1:30 PM</b> Understanding Alzheimer's & Dementia Presentation - SC	<b>14</b> <b>10:00 AM</b> Coffee & Conversation - SC  <b>1:00-3:00 PM</b> Nebraska Methodist College Mobile Diabetes Center <i>Life Enrichment Center</i>	<b>15</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>  <b>1:30 PM</b> Hollywood Candy Trip Signup in Senior Center 	<b>16</b>
<b>17</b> Perseid Meteor Shower Through August 24th 	<b>18</b> <b>1:30 PM</b> Art/Craft Project - SC  	<b>19</b> <b>10:00 AM</b> Wenninghoff's Farmer's Market Trip <b>1:30 PM</b> Current Events - SC  <b>MLB All Star Game</b>	<b>20</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center <b>12:00-2:00 PM</b> Community Food Pantry-Portico <b>1:30</b> Card Games - SC	<b>21</b> <b>10:00 AM</b> Coffee & Conversation - SC  <b>1:00-2:00</b> Stitches & Stories Crochet & Embroidery Group in the Senior Center	<b>22</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>  <b>1:30 PM</b> Birthday Party & Merrymakers, Billy Troy - SC 	<b>23</b>
<b>24</b> 	<b>25</b> <b>10:00</b> Blue Monday - SC It's Blueberry Month Wear your wildest blue outfit. Prizes & games	<b>26</b> <b>9:00 - 11:00 PM</b> Whispering Roots Farmers' Market Truck - North Parking Lot  <b>1:30 PM</b> Current Events - SC <b>Disability Independence Day</b>	<b>27</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center  <b>2:00-3:00</b> Quarter Bingo - SC 	<b>28</b> <b>10:00 AM</b> Coffee & Conversation - SC	<b>29</b> <b>10:00 AM</b> Getting to know you Day - SC <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>	<b>30</b> <b>International Friendship Day</b> 
<b>31</b>	<b>1:30 PM</b> Wii Bowling - SC					