





















Sun	Mon	Tue	Wed	Thu	Fri	Sat
Seven Oaks Senior Center Serves (ENOA) Eastern Nebraska Office on Aging Lunch Program Lunch served at 12:00	Daily 9:30 Exercise/Senior Center 12:00-12:15 Lunch (served) <i>Senior Center</i>	Daily 9:30 Exercise/Senior Center 12:00-12:15 Lunch (served) <i>Senior Center</i>	Daily 9:30 Exercise/Senior Center 12:00-12:15 Lunch (served) <i>Senior Center</i>	Daily 9:30 Exercise/Senior Center 10:00 Coffee & Conversation 2:00-12:15 Lunch (served)	Daily 9:30 Exercise/Community Rm 12:00-12:15 Lunch (served) <i>Senior Center</i>	Room Codes SC Senior Center MP Multipurpose Rm C Community Rm LEC Life Enrichment Ctr WC Wellness Center L Library
ENOA Nutrition Services 	1 1:30 Card Games - SC 	2  1:30 PM Current Events - SC 6:30 PM National Night Out Watermelon Feed & Concert With John Worsham - North Parking Lot	3 9:00 AM Grocery Trip Signup in Senior Center C	4 10:00 AM Coffee & Conversation - SC 1:00-2:00 Stitches & Stories A Quilter from Prairie Piecegoods Will teach us how to use the quilting machine.	5 12:00-2:00 PM Saving Grace Food Pantry <i>Under the North Portico</i> 1:30 PM Trip to Wheatfields for dessert	6
7 Happy Sisters Day	8 10:00 AM Trip to Wenninghoff's Farm Market 1:30 Art/Crafts - SC 	9 Elvis Week Begins 10:00 AM Banking Services with American National Bank - SC 1:30 PM Current Events - SC 	10 9:00 AM Wal-Mart Trip Signup in Senior Center 2:00 PM Afternoon Movie Elvis in "Blue Hawaii" - SC 	11 10:00 AM Elvis Trivia at Coffee & Conversation - SC 1:00-3:00 PM Nebraska Methodist College Mobile Diabetes Center <i>Life Enrichment Center</i>	12 8:30 AM Step Out for Seniors Walkathon - Benson Park 12:00-2:00 PM Saving Grace Food Pantry <i>Under the North Portico</i> 2:00 PM Elvis Documentary "Elvis, The Searcher"	13 
14 	15 Feast of the Assumption 1:30 PM Wii Bowling - SC 	16 10:30 AM Celebrate "Tell a Joke Day" by sharing your favorite jokes 1:30 PM Current Events - SC (May be cancelled) 	17 Baby Boomer Day 9:00 AM Grocery Trip Signup in Senior Center 10:00 PM Boomer Trivia - SC 12:00-2:00 PM Community Food Pantry-Portico	18 10:00 AM Coffee & Conversation - SC 1:00-2:00 Stitches & Stories Crochet & Embroidery Group in the Senior Center	19 12:00-2:00 PM Saving Grace Food Pantry <i>Under the North Portico</i>	20 
21 Happy National Senior Citizens Day 	22 10:00 AM Celebrate Poet's Day - Bring your favorite poem to share - SC 1:30 PM Humana Presentation "Fall Asleep, Stay Asleep" - SC 	23 9:00 - 11:00 PM Whispering Roots Farmers' Market Truck - North Parking Lot 1:30 PM Current Events - SC 	24 9:00 AM Grocery Trip Signup in Senior Center 2:00-3:00 Quarter Bingo - SC 	25 10:00 AM Coffee & Conversation - SC	26 National Dog Day 12:00-2:00 PM Saving Grace Food Pantry <i>Under the North Portico</i> 1:30 PM Birthday Party & Merrymakers Concert with Louis Watkins - SC 	27 11:00 AM-4:00 PM Resident Council Party Husker Football in Ireland - Senior Center 
28	29 1:30 Card Games - SC 	30 1:30 PM Current Events - SC 	31 9:00 AM Grocery Trip Signup in Senior Center 1:30 PM Adult Coloring - SC 	Life Enrichment Calendar 