






















Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Daily</b> <b>9:30</b> Exercise/Senior Center <b>10:00</b> Coffee & Conversation <b>2:00-12:15</b> Lunch (served)	<b>Daily</b> <b>9:30</b> Exercise/Community Rm <b>12:00-12:15</b> Lunch (served) <i>Senior Center</i>	<b>Room Codes</b> <b>SC</b> Senior Center <b>MP</b> Multipurpose Rm <b>C</b> Community Rm <b>LEC</b> Life Enrichment Ctr <b>WC</b> Wellness Center <b>L</b> Library
<b>ENOA Nutrition Services</b> Celebrating  Years	<b>Life Enrichment Calendar</b>  			<b>1</b> <b>10:00 AM</b> Coffee & Conversation - SC <b>1:00</b> Stitches & Stories/Quilts	<b>2</b> <b>Wear your College or High School Colors Today</b>  <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>	<b>3</b> <b>2:30</b> Huskers vs North Dakota 
<b>4</b>	<b>5</b> <b>No ENOA Lunch</b> 	<b>6</b>  <b>10:30</b> Card Games - SC <b>1:30 PM</b> Current Events - SC 	<b>7</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center	<b>8</b> <b>10:00 AM</b> Coffee & Conv SC <b>10:30</b> Creighton Nursing Students' presentation & Sugar Bingo - SC <b>1:00</b> Stitches & Stories - SC <b>1:00-3:00 PM</b> Methodist Mobile Diabetes Center - LEC	<b>9</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i> <b>1:30-4:10</b> "Elvis" Movie - SC We'll try again. We had tech difficulties first time	<b>10</b> <b>6:30</b> Huskers vs Georgia Southern 
<b>11</b> <b>Patriot Day</b> 	<b>12</b> <b>10:00</b> WISE Program - Introduction - Community Rm <b>1:30 PM</b> Wii Bowling - SC 	<b>13</b> <b>10:00 AM</b> ANB Bankers - SC <b>10:30 AM</b> Mormon Elder Cain, Photo Presentation - SC <b>11:00-4:00</b> Podiatrist - WC <b>1:30 PM</b> Current Events - SC	<b>14</b> <b>Happy Cat Month</b>  <b>9:00 AM</b> Wal-Mart Trip Signup in Senior Center <b>1:00-2:30 PM</b> HELP Walker/Wheelchair Repair - LEC 	<b>15</b> <b>Hispanic Heritage Month</b> <b>10:00 AM</b> Coffee & Conversation - SC <b>10:00 AM</b> Zoo Trip - Signup in Senior Center <b>1:00-2:00</b> Stitches & Stories C	<b>16</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>	<b>17</b> <b>11:00</b> Huskers vs Oklahoma 
<b>18</b>  <b>INTERNATIONAL WEEK OF DEAF PEOPLE</b> September 19-25	<b>19</b> <b>10:00</b> WISE Program - C Omaha Fire Department/Safety <b>1:30 PM</b> Birthday Party & Merrymakers Concert with Bill Chrastil - SC 	<b>20</b> <b>10:15 AM</b> Trip to Wenninghoff's Market <b>1:30 PM</b> Current Events - SC	<b>21</b> <b>World Alzheimer's Day</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center <b>12:00-2:00 PM</b> Community Food Pantry-Portico	<b>22</b> <b>First Day of Fall</b> <b>10:00 AM</b> Coffee & Conversation - SC <b>1:00</b> Stitches & Stories - SC	<b>23</b> <b>10:00 AM</b> AARP Virtual Talk: Being Cyber safe in a Mobile World - SC <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i>	<b>24</b>
<b>25</b> <b>Rosh Hashanah begins At Sundown</b>  <b>Time to be Announced</b> Craft Fair at Florence Hall	<b>26</b> <b>Rosh Hashanah</b> <b>10:00</b> WISE Program - C Biological changes in older adults <b>1:30</b> Card Games - SC 	<b>27</b> <b>1:30 PM</b> Current Events - SC 	<b>28</b> <b>National Women's Health and Fitness Day</b> <b>9:00 AM</b> Grocery Trip Signup in Senior Center <b>2:00-3:00</b> Quarter Bingo - SC 	<b>29</b> <b>10:00 AM</b> Coffee & Conversation - SC <b>2:00 PM</b> Smoothie Making with Humana - SC	<b>30</b> <b>12:00-2:00 PM</b> Saving Grace Food Pantry <i>Under the North Portico</i> <b>1:30-3:15</b> Afternoon Movie: "Tortilla Soup" - SC	<b>1 October</b> <b>TBD</b> Huskers vs Indiana 