

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JUNE 2024

NDH Life Enrichment Calendar

SEVEN OAKS SENIOR CENTER



<p>10:00 Coffee after Mass – SC 2:30 Card Club - CR</p>	<p>9:00 Exercise – CR 10:00 The World's Tallest Monuments/Statues Discussion – SC 12:00 ENOA Lunch – SC 1:30 Quarter Bingo – SC 2:30 Dog Training Presentation with Russ Dillion - SC</p>	<p>9:00 Exercise – CR 10:00 Measuring Up Game – LEC 12:00 ENOA Lunch – SC 1:30 Fontenelle Forest Presents: Biomes - SC 2:30 Overeaters Anonymous</p>	<p>9:00 Bakers Trip 9:00 Exercise – CR 10:00 Activity Planning Meeting - LEC 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 3:00 Resident Council Meeting – SC</p>	<p>9:00 Exercise – CR 10:00 Coffee & Chat – SC 12:00 ENOA Lunch – SC 1:00 D-Day Discussion/Quiz - LEC 3:00 Chair Yoga with McCall - SC 7:00-8:30 Resident Council Bingo - SC</p>	<p>9:00 Exercise – CR 9:30-1:30 Mormon Sisters Group 1 Activity – SC 12:00 ENOA Lunch – SC 12-2 Saving Grace Food Pantry 1:00-3:00 Manicures with Taylor 1:30-5:30 Mormon Sisters Group 2 Activity – SC 1:30 Farmers Market Voucher: First Come First Serve Pick Up</p>	<p>9:00 Exercise – CR 12:00 Polishfest at Crescent Moon (see flyer posted around building for more information) 1:00 Watercolor Class with Sr. Mary Ann - SC</p>
<p>10:00 Ping pong/Shuffleboard – SC/LEC 2:30 Card Club - CR</p>	<p>June is Men's Health Month 9:00 Exercise – CR 11:00 Men's Health Presentation by Quality Clinical Research - SC 12:00 ENOA Lunch – SC 1:30 Bingo with Tashone – SC</p>	<p>9:00 Exercise – CR 10-10:15 ANB – SC 10:30 What Is Shavuot? -LEC 12:00 ENOA Lunch – SC 1:00 Flag Craft – SC 2:30 Overeaters Anonymous - CR <small>Shavuot Begins</small></p>	<p>9:00 Walmart Trip 9:00 Exercise – CR 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 1:00 Instrumental Musical Performance by Kevin & Heidi Cheng – SC</p>	<p>9:00 Exercise – CR 10:00 Coffee & Chat – SC 12-2 Methodist Mobile Diabetes Clinic – SC 12:00 ENOA Lunch – SC 1:00 Putting Plus Mini Golf: Admission \$5.50 for one game. 3:00 Pups with a Purpose – SC</p>	<p>9:00 Exercise – CR 9:30-1:30 Mormon Sisters Group 1 Activity – SC 12:00 ENOA Lunch – SC 12-2 Saving Grace Food Pantry – LEC 1:00-3:00 Manicures with Taylor 1:30-5:30 Mormon Sisters Group 2 Activity – SC <small>Flag Day (US)</small></p>	<p>9:00 Exercise – CR 12:00-5:00 Omaha Freedom Festival, Omaha Juneteenth Celebration (see flyer posted around building for more information)</p>
<p>HAPPY Father's Day <small>Father's Day</small></p>	<p>9:00 Exercise – CR 10:00 Gentleman's Coffee, Juice, Tea, & Pie – SC 12:00 ENOA Lunch – SC 1:30 Quarter Bingo - SC 3:00 Spades – CR</p>	<p>9:00 Grocery Trip 9:00 Exercise – CR 10:00 Who, What, Where Trivia – LEC 12:00 ENOA Lunch – SC 1:30 Egg Carton Flower Craft – SC 2:30 Overeaters Anonymous</p>	<p>9:00 Exercise – CR 10:00 The Hidden History of the Black American Cowboys - SC 10-2 Heartland Food Pantry – LEC 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 3:00 Movie: Shirley – LEC/SC <small>Juneteenth</small></p>	<p>9:00 Exercise – CR 10:00 Coffee & Chat – SC 12:00 ENOA Lunch – SC 1:30 Birthday Celebration and Merrymaker Concert by Kim Eames - SC 7:00-8:30 Resident Council Bingo – SC <small>Summer Begins</small></p>	<p>9:00 Exercise – CR 9:30-1:30 Mormon Sisters Group 1 Activity – SC 12:00 ENOA Lunch – SC 12-2 Saving Grace Food Pantry – LEC 1:00-3:00 Manicures with Taylor 1:30-5:30 Mormon Sisters Group 2 Activity – SC</p>	<p>9:00 Exercise – CR 1:30 NDH Afternoon Movie: Harry and the Hendersen Movie – LEC/SC</p>
<p>10:00 Ping pong/Shuffleboard – SC/LEC 2:30 Card Club - CR</p>	<p>The Lion King 30th Anniversary 9:00 Exercise – CR 10:00 Travelogue Destination Video: Africa – SC 12:00 ENOA Lunch – SC 1:30 Why Arts, Inc.: Inclusive Arts Interactive Teachings – SC 3:00 Lion King Movie – LEC</p>	<p>9:00 Exercise – CR 12:00 ENOA Lunch – SC 1:00 Poetry Workshop with University of Nebraska at Omaha Writing Instructor and poet, Sarah McKinstry-Brown – SC 2:30 Overeaters Anonymous</p>	<p>9:00 Walmart Trip 9:00 Exercise – CR 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 3:00 Ghost Towns of Kansas – SC</p>	<p>9:00 Exercise – CR 10:00 Coffee & Chat – SC 12:00 ENOA Lunch – SC 1:00 Mason Jar Air Freshener Craft – SC 3:00 Pups with a Purpose - SC</p>	<p>9:00 Exercise – CR 9:30-1:30 Mormon Sisters Group 1 Activity – SC 12:00 ENOA Lunch – SC 12-2 Saving Grace Food Pantry – LEC 1:00-3:00 Manicures with Taylor 1:30-5:30 Mormon Sisters Group 2 Activity – SC</p>	<p>9:00 Exercise – CR 1:30 June Trivia – LEC</p>

Room Directory
 SC Senior Center
 MP Multipurpose Room
 CR Community Room
 LEC Life Enrichment Center
 WC Wellness Center
 HR Heritage Room

Activities in RED are bus outings that require residents to sign up.
 Activities bolded in black are open to the public/community.



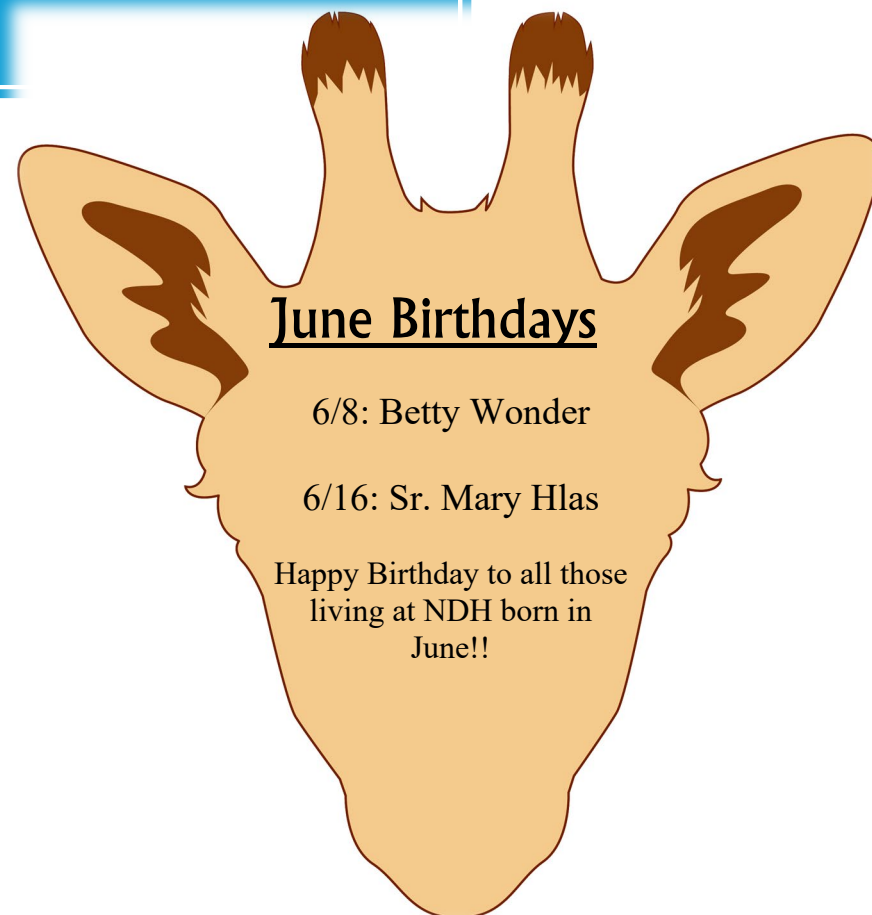
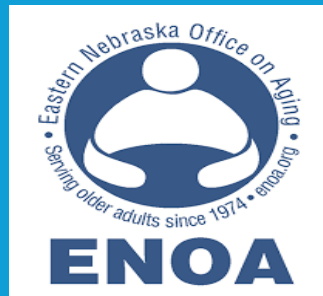
ENOA Lunch Program

Served Monday-Friday at 12:00pm.
No ENOA Lunch served on holidays.

Contribution Cost:
60+: \$4.25
Under 60: \$11.00

We would love to have you join us for lunch!

Please call 402-451-4477 to reserve your lunch. All orders need to be called in 24 hours prior to the date joining for lunch.



June Birthdays

6/8: Betty Wonder

6/16: Sr. Mary Hlas

Happy Birthday to all those
living at NDH born in
June!!

Sally's Salon

Sally Bos is our Notre Dame Housing hairstylist.

Hours of Operation: Every Thursday from 9:00am - 4:00pm

Forms of payment: Cash or check only.

Please call and make an appointment with Sally at 402-321-0343.



Activities subjected to change at any time.
Inclement weather could cause outings/bus rides to be cancelled or postponed.

Weekly/Monthly Ongoing Activities

Monday thru Saturday 9:00AM - Resident led exercise in the Community Room.

Tuesdays at 2:30 PM - Overeaters Anonymous in Community Room.

Second Tuesday 10:00 AM-10:15 AM – American National Bank in Senior Center.

Wednesdays at 9:00AM - Grocery Trips to Bakers, Walmart, Family Fare, Target.

Wednesdays from 1:00 PM-3:00 PM - Stitches and Stories in the Senior Center.

Thursdays at 10:00 AM - Coffee and Conversation in the Senior Center.

Second Thursday from 12:00 PM-2:00PM – Methodist Diabetes Clinic in Senior Center.

First Sunday at 10:00 AM – Coffee after Mass in Senior Center.

Fridays from 12:00 - 3:00 PM or until the food runs out - Saving Grace Food Pantry

Now in Life Enrichment Center

Third Wednesday of the month from 10:00-2:00 or until food runs out Community Food Pantry

Now in Life Enrichment Center