





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	African Culture Day 1 9:00 Exercise – CR 10:00 Five-Minute African Dance Lesson – LEC 11:00-4:00 Foot Doctor 12:00 ENOA Lunch – SC 1:30 Quarter Bingo with Donna- SC 3:00 Spades - CR <small>Canada Day</small>	Battle of Paris Anniversary 2 9:00 Exercise – CR 10:00 Travelogue: A Summer in Paris – SC 12:00 ENOA Lunch – SC 1:00 Pool Noodle 4th of July Craft – SC 2:30 Overeaters Anonymous - CR	9:00 Bakers Trip 3 9:00 Exercise – CR 10:00 Activity Planning Meeting - SC 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC	No ENOA Lunch Today 4  <small>Independence Day (US)</small>	No ENOA Lunch Today 5 9:00 Exercise – CR 12-3 Saving Grace Food Pantry – LEC 1-3 Manicures with Taylor	9:00 Exercise – CR 1:30 Movie: The Boys in the Boat – LEC Ice Cream Truck from 8p-10p then Florence Firework Show at Dusk 
7 10:00 Coffee after Mass – SC 2:30 Card Club – CR	8 9:00 Exercise – CR 10:50 Lunch at Alpine Inn: Cost \$12+ 12:00 ENOA Lunch – SC 1:00 Accordion Performance by Richard Delsenno - SC 3:00 UNO - CR	9 9-12 Creighton Nursing Students Joining Scheduled Activities 9:00 Exercise – CR 10-10:15 ANB – SC 12:00 ENOA Lunch – SC 1:00 Flag Canvas Painting with Channa – SC 2:30 Overeaters Anonymous - CR	10 9:00 Walmart Trip 9:00 Exercise – CR 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 2-3 Ice Cream Truck North Entrance 3:00 Bingocize with Brianne– SC 4:00 Resident Council Meeting – SC	11 9:00 Exercise – CR 10:00 Coffee & Chat – SC 12-2 Methodist Mobile Diabetes Clinic – SC 12:00 ENOA Lunch – SC 3:00 Pups with a Purpose - SC 7-8:30 Resident Council Bingo – SC	12 9:00 Exercise – CR 10-12:30 LDS Sisters Activity 12:00 ENOA Lunch – SC 12-3 Saving Grace Food Pantry – LEC 1-3 Manicures with Taylor 1-3:30 LDS Sisters Activity 2:00 Bingocize with Brianne– SC	13 9:00 Exercise – CR 1:00 Watercolor Class with Sr. Mary Ann – SC <i>July 11th-13th: Playing with Fire, Free Summer Concert (check bulletin boards for more information)</i>
14 10:00 July Trivia – LEC 2:30 Card Club – CR	15 9:00 Exercise – CR 10:00 21 of the Most Famous Cold Cases in American History – SC 12:00 ENOA Lunch – SC 1:30 Quarter Bingo with Donna– SC 3:00 Chair Yoga with McCall – LEC	16 <u>Christmas in July</u> 9-12 Creighton Nursing Students Joining Scheduled Activities 9:00 Exercise – CR 10:00 Putting Together Cookies for Fire/Police Stations – SC 12:00 ENOA Lunch – SC 1:00 Delivering Cookies to Fire/Police Stations 2:30 Overeaters Anonymous	17 9:00 Exercise – CR 10-2 Heartland Food Pantry – LEC 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 2-3 Ice Cream Truck North Entrance 3:00 Bingocize with Brianne - SC	18 9:00 Exercise – CR 10:00 Coffee & Chat – SC 12:00 ENOA Lunch – SC 1:30 Fire/Tornado Safety Presentation by Local Fire Department – SC 3:00 Rummikub - CR	19 9:00 Exercise – CR 10-12:30 LDS Sisters Activity 12:00 ENOA Lunch – SC 12-3 Saving Grace Food Pantry – LEC 1-3 Manicures with Taylor 1:00 UV Safety Presentation by NCS – SC 1-3:30 LDS Sisters Activity 2:00 Bingocize with Brianne– SC	20 <u>Man on the Moon Day</u> 9:00 Exercise – CR 1:30 10 Out-of-This-World Moon Landing Facts – SC
21 10:00 Games with Friends 2:30 Card Club – CR	22 9:00 Exercise – CR 10:00 52 Iconic Stores You Grew up With That Are No Longer in Business – SC 12:00 ENOA Lunch – SC 1:00 Musical Performance by Mike McCracken – SC 3:00 Spades – CR	23 9-12 Creighton Nursing Students Joining Scheduled Activities 9:00 Exercise – CR 10:00 Summer Wreath Craft - SC 12:00 ENOA Lunch – SC 1:00 Poetry Workshop with UNO Writing Instructor and published poet, Sarah McKinstry-Brown – SC 2:30 Overeaters Anonymous	24 9:00 Exercise – CR 10:00 Cranium Crunches – LEC 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 2-3 Ice Cream Truck North Entrance 3:00 Bingocize with Brianne – SC	25 9:00 Exercise – CR 10:00 Coffee & Chat – SC 12:00 ENOA Lunch – SC 1:30 Birthday Celebration and Merrymaker Concert by Tim Javorsky - SC 3:00 Pups with a Purpose - SC 7-8:30 Resident Council Bingo – SC	26 9:00 Exercise – CR 10-12:30 LDS Sisters Activity 11:00 Paris Olympics Opening Ceremony on NBC 12:00 ENOA Lunch – SC 12-3 Saving Grace Food Pantry – LEC 1-3 Manicures with Taylor 1-3:30 LDS Sisters Activity – SC 2:00 Bingocize with Brianne– SC	27 9:00 Exercise – CR 1:30 Movie: Outsiders – LEC <i>Paris Olympics goes until Sunday August 11th: Showing on NBC and live events streaming on Peacock</i>
28 Room Directory SC Senior Center MP Multipurpose Room CR Community Room LEC Life Enrichment Center WC Wellness Center HR Heritage Room Activities in RED are bus outings that require residents to sign up. Activities bolded or in blue are open to the public/community.	29 9:00 Exercise – CR 10:00 List It or Leave It Game – LEC 12:00 ENOA Lunch – SC 1:00 Liam Neeson Movie – LEC 3:00 Ghost Towns of Missouri – SC	30 9-12 Creighton Nursing Students Joining Scheduled Activities 9:00 Exercise – CR 10:00 Who, What, Where Trivia – LEC 12:00 ENOA Lunch – SC 1:00 Coloring Project: Relief Butterflies – SC 2:30 Overeaters Anonymous	31 9:00 Target Trip 9:00 Exercise – CR 12:00 ENOA Lunch – SC 1:00 Stiches & Stories – SC 2-3 Ice Cream Truck North Entrance 3:00 Bingocize with Brianne– SC			

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